

Alcohol use in over 50s women - Emerging trends in Doncaster.

Andy Collins, Public Health Vicki Beere, Project 6



Show 99.8% CI values

Area	Recent Trend	Count	Value		95% Lower Cl	95% Upper CI
England	-	32,288	114.3	Н	111.7	117.0
Yorkshire and the Humber region	-	3,840	140.3	H	130.2	150.7
Leeds	-	750	204.8	-	166.5	245.2
Doncaster	-	320	204.4	<u> </u>	144.9	269.1
Kingston upon Hull	-	200	175.9		116.8	241.6
Scarborough	-	95	164.3	<u> </u>	110.8	226.5
Sheffield	-	380	147.0		119.2	177.0
York	-	140	141.8		91.0	199.5
Rotherham	-	185	140.0		100.2	184.3
Calderdale	-	150	137.1		86.1	194.6
East Riding of Yorkshire	-	280	136.1		100.1	175.4
Richmondshire	-	30	126.9		51.4	225.2
Wakefield	-	220	122.4		99.8	147.5
Selby	-	60	121.1		55.8	200.2
North East Lincolnshire	-	95	112.6		58.2	176.0
North Lincolnshire	-	105	112.6		68.5	163.5
Kirklees	-	235	111.2		84.0	141.1
Hambleton	-	65	109.3		46.2	185.1
Barnsley	-	135	107.7		74.2	145.8
Ryedale	-	40	107.7 F		40.0	193.6
Bradford	-	245	96.3		68.8	126.6
Harrogate	-	85	94.4		62.2	132.3
Craven	-	20	71.3		24.9	135.0

Source: Calculated by Office for Health Improvement and Disparities (OHID): Health & Social Care from data using data from NHS Digital - Hospital Episode Statistics (HES) and Office for National Statistics (ONS) - Mid Year Populat ion Estimates.



Table and chart

Show 99.8% Cl values

All in Yorkshire and the Humber region

All in England

Display Table

Area	Recent Trend	Count	Value ▲ ▼		95% Lower Cl	95% Upper Cl
England	-	96,230	341		339	343
Yorkshire and the Humber region	-	10,385	381	H	374	389
Rotherham	-	656	489	 	452	528
Barnsley	-	600	481	-	443	521
Doncaster	-	722	468	 	434	504
Sheffield	-	1,178	456	H	430	483
Bradford	-	1,059	424	H	399	450
North Yorkshire Cty	-	1,405	411	H	389	434
Kingston upon Hull	-	501	407		372	445
Wakefield	-	621	351	H	323	379
North East Lincolnshire	-	271	330		292	372
East Riding of Yorkshire	-	622	327	H	301	354
Kirklees	-	689	323		299	348
Calderdale	-	342	319		286	354
Leeds	-	1,151	305	H	288	323
North Lincolnshire	-	267	302		266	341
York	_	303	299	—	266	335

Source: Calculated by OHID: Population Health Analysis (PHA) team using data from NHS Digital - Hospital Episode Statistics (HES) and Office for National Statistics (ONS) - Mid Year Population Estimates.

Local Alcohol Profiles for England ▼ Data view ▼ Compare areas Geography Counties & UAs in Yorkshire and the Humber region Topic ▼ Hospital Admissions By Age-Group

Admission episodes for alcohol-related conditions (Narrow) - 40 to 64 years (Female) 2021/22 Directly standardised rate - per 100,000 🔻

Areas All in Yorkshire and the Humber region All in England Display Table Table and chart

Show 99.8% CI values

Indicator

Area	Recent Trend	Count	Value		95% Lower Cl	95% Upper Cl
England	-	55,545	597		592	602
Yorkshire and the Humber region	-	6,146	687	Н	669	704
Doncaster	-	455	892	-	811	978
Rotherham	-	394	886	-	801	979
Sheffield	-	708	845	-	784	910
Barnsley	-	349	835		749	928
Bradford	-	660	797	\vdash	737	860
Kingston upon Hull	-	317	789		705	881
North Yorkshire Cty	-	826	729	H	679	781
Wakefield	-	367	624		561	691
East Riding of Yorkshire	-	372	612		551	678
North East Lincolnshire	-	163	604		514	706
Calderdale	-	201	549	-	476	631
Kirklees	-	392	549	<u> </u>	496	606
North Lincolnshire	-	157	538	-	456	630
York	-	164	517	<u>⊢</u>	441	603
Leeds	_	621	513	H	473	555

Source: Calculated by OHID: Population Health Analysis (PHA) team using data from NHS Digital - Hospital Episode Statistics (HES) and Office for National Statistics (ONS) - Mid Year Population Estimates.



Table and chart

Show 99.8% CI values

All in Yorkshire and the Humber region

All in England

Display Table

Area ▲ ▼	Recent Trend	Count	Value 🗸 🔻		95% Lower Cl	95% Upper CI
England	-	7,556	13.9	Н	13.6	14.2
Yorkshire and the Humber region	-	876	16.6	Н	15.5	17.8
Doncaster	-	69	22.7		17.6	28.8
Wakefield	-	78	22.7		17.9	28.3
Calderdale	-	45	21.1	—	15.4	28.3
Kirklees	-	86	20.7		16.6	25.6
Kingston upon Hull	-	44	18.6		13.5	25.0
Barnsley	-	44	18.3	<u> </u>	13.2	24.6
Sheffield	-	87	17.6	<u> </u>	14.1	21.7
North Lincolnshire	-	31	17.1	<u> </u>	11.6	24.4
Bradford	-	80	16.6		13.1	20.7
Leeds	-	113	16.2		13.3	19.4
Rotherham	-	36	13.9		9.7	19.3
North Yorkshire Cty	-	93	13.7		11.0	16.9
North East Lincolnshire	-	18	11.9		7.0	18.9
York	-	20	10.4		6.3	16.1
East Riding of Yorkshire	-	32	8.7		5.9	12.4

Source: Calculated by OHID: Population Health Analysis (PHA) team from the Office for National Statistics (ONS) Annual Death Extract Public Health Mortality File and ONS Mid Year Population Estimates

ViewIt - information restriction guidelines apply

Adult profiles: Adults in treatment - Doncaster - Female - All in treatment

+ Supporting information Download data Numbers in treatment **Geographic comparison** View data **Alcohol only users** ■ Adult (18+)
○ Young people (<18)
</p> Yorkshire & the Humber Doncaster Area Geographic area Yorkshire & the Humber **Apply Filters** Non-opiate & alcohol Non-opiate only Alcohol only Substance Cocal Authority categories Doncaster 40 --- Alcohol only : England Proportion of adults (%) - Alcohol only : Yorkshire & the Key Indicator Categories 30 Humber Headline figures ---- Alcohol only : Doncaster 20 Key Indicator Adults in treatment 10 Substance category Alcohol only -2010/11 2011/12 2012/13 2013/14 2014/15 Sex Reporting Period Female

Substance category	Area	2009/10 (%)	2010/11 (%)	2011/12 (%)	2012/13 (%)	2013/14 (%)	2014/15 (%)	2015/16 (%)	2016/17 (%)	2017/18 (%)	2018/19 (%)	2019/20 (%)	2020/21 (%)	2021/22 (%)
Alcohol only	England	35	36	37	37	39	38	38	37	36	37	36	36	38
Alcohol only	Yorkshire & the Humber	33	33	34	35	38	38	36	35	35	34	34	35	36
Alcohol only	Doncaster	34	36	31	33	33	29	29	24	20	21	21	30	35

What does the research show? Drink Wise Age Well

- Most adults over 50 drinking harmfully/hazardously had not been screened by health care professionals in the previous 12 months
- Most adults asked (73%) had no idea what safer drinking levels were
- Engagement in services increased in specialist services for the over 50's
- Hospital admissions reduced for those engaging with alcohol treatment (52% - 16%)
- https://www.drinkwiseagewell.org.uk/media/publicatio ns/pdfs/evaluation-report-2015-2020.pdf





What does the research show? A system designed for women?

- Services are often gender blind and designed for the needs of male opiate users
- Women face additional barriers such as domestic/sexual abuse/violence, shame and stigma
- Recommendations of the above report include:
- Providers need to provide flexible and female only spaces plus the capacity for female key workers
- Women with lived experience should be involved with designing services and pathways
- https://www.wearewithyou.org.uk/who-weare/research/research-report-a-system-designed-forwomen/





What does our Doncaster service provision tell us?

- Project 6 has been delivering bespoke support to over 50's alcohol users for over a year
- We have supported 112 over 50's and 46 were women
- We have supported 250 people and 107 women in total...
- Common issues for women are
- Isolation/loss/breakdown of relationships
- Shame/Stigma
- Feeling stuck/lost/loss of status or purpose in early retirement
- Managing Menopause



Our outcomes for women

- Women reported valuing a more accessible, bespoke, non-clinical service
- 87% of women agreed or strongly agreed that their mental health had improved
- 75% of women agreed or strongly agreed that their physical health had improved
- https://vimeo.com/852992091/1caaf259ed?share=copy
- https://vimeo.com/852994510/3617c7ffc7?share=copy

